

NEWS-LETTER

nCS
NETWORK CONSTRUCTION SERVICES

June 2022

At **Network Construction Services (NCS)** our vision is to **'Never Compromise Safety'** (NCS). It is at the heart of everything we do. The safety of our people and anyone that comes into our service, like members of the public, is paramount. We believe in **'protecting our work family and getting them home safe to their families, everyday'**.

Rail Safety Week

June 20th-26th

Rail Safety Week is an industry lead initiative focusing on rail safety for all. Whether your career lies within the rail industry, or whether you use the railways to get from A to B – Rail Safety affects us all. Rail Safety Week aims to address, engage, promote, and bring rail safety to the forefront of people's minds across a dedicated week.

Working in partnership with leading names in the rail industry, health and safety conferences, site briefs and school safety-based events will be held across the UK to promote the vital importance of rail safety to every one of us – **"Building Safety Together"**



Always obey the speed limit and wear a seat belt.

Accidents from driving are one of the most common causes of injury. Many of them are attributed to speeding, loss of concentration and injuries are more severe because the driver or passenger were not wearing a seat belt.

Road risk is a one of the highest risks all our workers face, and our road driving activities impacts on the widest range of those working in the rail industry from employees, contractors, suppliers, as well as how our driving performance affect members of the public.



Our Safety Vision outlines the commitments which empower us all to get home safe every day. The vision and commitments are supported by our Lifesaving Rules which tackle the ten most common causes of injury and loss of life on the railway.

It doesn't matter what uniform you're wearing, how long you've been on the railway, or how senior you are, we all have a responsibility to behave safely, and challenge unsafe behaviours and conditions when we see them.

We all deserve to get home to our families.

THINK THE TRACKS AREN'T RISKY?
THINK AGAIN.



STAY OFF THE TRACKS. STAY SAFE.

You vs. Train
Everyone loses when you step on the track.

FATIGUE REDUCTION:



Fatigue has been under close watch in the rail industry for a long time. It is important to ensure we do not become complacent when managing and seeking to reduce our fatigue.

Regardless of your role, location, or the type of work you do, to do your job safely and efficiently you need to be alert. When you're feeling fatigued, your alertness levels and your performance suffer. In fact, research shows being awake for more than 17 hours can weaken your performance in a way that's comparable to being over the limit for drink driving in most EU countries.

Being well rested and alert for work helps us...

- Reduce error rates
- React quickly to danger
- Reduce the likelihood of accidents and injuries

This is why the fatigue risk management standard (NR/L2/OHS/003) has been updated and we have been monitoring planned work and actual working arrangements. The new standard applies to everyone within Network Rail and those working on Network Rail infrastructure.

Please report any concerns of fatigue but seeking to prevent fatigue by staying within the working hour limit, keeping travel distance to a minimum (aiming for a 14-hour door to door policy) and looking after your well-being (getting enough sleep, exercise and eat well).

Britain's railway remains one of the safest in Europe, new ORR data reveals

ORR's analysis found that Britain ranks the lowest for 'whole society' safety risk, which combines the overall average number of fatalities and serious injuries across five risk categories: for passenger, employee, level crossing user, trespasser, and other risks. For passenger safety risk Britain ranks eighth lowest overall but performs favourably in comparison to other European countries with similarly large railway networks.

Rail company fined £550,000 after regulator finds health and safety failings

Railway infrastructure company, VolkerRail Ltd. has been fined £550,000 after pleading guilty following an investigation and prosecution by ORR. The incident happened on 6 July 2014, when an employee was working in a trench as part of a project carrying out excavation work outside Stafford railway station. The wall of the trench collapsed, burying the worker, injuring them seriously. ORR's Ian Prosser CBE, HM Chief Inspector of Railways, emphasised: "It is important that companies working on the railways maintain relentless focus on managing risks to protect their staff."